

FACE COVERINGS GUIDANCE

Shell Health

When wearing a face covering, clean your hands with soap and water for 20 seconds or use hand sanitizer before putting on or taking it off. If it is wrapped, remove from the packing and make sure there are no obvious tears or holes.

Cotton Bandana



- To wear a bandana the material is folded into a triangle. The long side of the triangle is centered under the eyes and the two points furthest apart are knotted behind the head and over the ears.
- It must be possible to see your eyes when the cotton bandana is in place.
- The bandana is removed by loosening the knot behind the head and bringing the two points together. The material that was touching your face should be inside the fold.

Face Covering



- Only touch the face covering by the ear loops, ties or bands.
- Store with the outer surface placed down on disposable paper and covered.
- Do not put the outer surface against your face.
- Throw the face covering in the trash (disposable) or laundry (reusable).

Neck Gaiter



- When wearing a neck gaiter, the bottom edge is pulled over the head down to the neck and the upper edge of the neck gaiter is pulled down to expose the desired part of the head and face. It must be possible to see your eyes.
- The neck gaiter is removed by using thumbs to lift the bottom edge up to the top edge and then with both hands pulling edges together straight up over the head.